

EARTH TO TABLE

BREAD BAR

good ingredients matter.

SUMMER MENU

WE CATER
WE HAVE A FARM
WE HAVE 2 COOKBOOKS

SHARED PLATES

CREAMY HUMMUS 13

Pickled red onion, lemon, pickled cauliflower, za'atar pita

SKINNY FRIES 9

Kosher salt, thyme

LOADED FRIES 12

Truffle mayo & parm

FRIED CALAMARI 14

Lemon aioli, chorizo, chili confit, basil

SALADS

KALE CAESAR SALAD 12

Croutons, parm, bacon

ARUGULA & FENNEL SALAD 12

Arugula, shaved fennel, sunflower seeds, parm, lemon, buttermilk dressing

QUINOA, CHICKPEA & BLACK BEAN SALAD 13

Arugula, feta, lemon, roast jalapeño pesto, scallions

BIBB SALAD 12

Bibb, radish, pickled red onion, cherry tomato, feta, green goddess

HEIRLOOM TOMATO & MELON SALAD 14

Bocconcini, prosciutto, fresh jalapeño, mint, watercress

TACO SALAD 13

Iceberg, red onion, feta, chipotle black beans, salsa, pumpkin seeds, cilantro, crushed avocado, chili dust, crushed tortilla, creamy garlic

Add choice of protein:

Salmon, chicken, flank steak or mushroom 9

MAINS

CHEESEBURGER 18

7oz beef & pork patty, aged cheddar, JC's Burger Sauce, lettuce, red onions with choice of side

UMAMI BURGER 19

7oz beef & pork patty, mushrooms, pickled onions, parm crisp, truffle mayo, umami sauce with choice of side

QUINOA VEGGIE BURGER 18

Arugula, tomato, smashed avocado, green goddess dressing with choice of side

MAC & CHEESE GRATIN 18

Bacon, caramelized onion, aged cheddar with choice of side

SUMMER BUDDHA BOWL 25

Red and white quinoa, lentil, sunflower seed, smashed avocado, carrot ribbons, spicy cucumber, arugula with choice of protein: Chicken, salmon, flank steak or mushroom

Choices of sides: skinny fries / any salad. Upgrade to loaded fries for \$2

DESSERT

STRAWBERRY RHUBARB CHEESECAKE 10

REALLY, REALLY FUDGY BROWNIE 7

CRUMBLE TOP PIE 5

TOFFEE PEACH BREAD PUDDING 5

Call to place an order:

Guelph - 519.767.2999 Hamilton - 905.522.2999

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DIPS \$2.50

BBQ COOL RANCH JC'S HOT SAUCE
TRUFFLE GREEN GODDESS CREAMY GARLIC UMAMI

STONE BAKED PIZZA

11"

18"

MARGHERITA

Red sauce, mozza, basil, garlic, evoo

16

30

APPLE & BACON

White sauce, mozza, smoked cheddar, caramelized onions, fried sage

17

32

MEAT MOUNTAIN

Red sauce, mozza, bacon, fennel sausage, pepperoni, roasted red peppers, hot pickled peppers

17

32

BEE STING

Red sauce, mozza, spicy salami, basil, honey, lemon ricotta

17

32

CHEESE LOUISE

White sauce, mozza, oka, goat cheese, truffle honey, chili flakes, parsley

17

32

SUMMER LOVIN'

Red sauce, mozza, chicken, bacon, goat cheese, jalapeno pesto

17

32

MILLENNIAL FALCON

Red sauce, mozza, cherry tomatoes, fennel pollen, burrata, maldon sea salt, olive oil, basil

18

32

CLASSIC PEPPERONI

Red sauce, mozza, pepperoni, dried basil

16

30

CHERRY PIE

White sauce, mozza, cherry tomatoes, prosciutto, arugula, lemon zest, chili flakes

17

32

THE HULK

Red sauce, mozza, parm, bacon, pepperoni, green olives, kale, JC's Hot Sauce

18

32

BIANCA

White sauce, mozza, potato, brie, rosemary, olive oil, maldon sea salt

17

32

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