

EARTH TO TABLE

BREAD BAR

good ingredients matter.

FALL LUNCH MENU

WE CATER
WE HAVE A FARM
WE HAVE 2 COOKBOOKS

SHARED PLATES

CREAMY HUMMUS 13

Pickled red onion, lemon, pickled cauliflower, za'atar pita

SKINNY FRIES 9

Kosher salt, thyme

ROASTED SWEET POTATO WEDGES 12

Hot honey, candied pecans, basil yogurt

LOADED FRIES 12

Daily creation

FRIED CALAMARI 15

Lemon aioli, chorizo, chili confit, basil

CRISPY BRUSSELS SPROUTS 15

Bacon, apple, chilies, sesame seeds, umami sauce

BREAD PLATE 13

House baked bread & pita, sunflower butter, lemon ricotta, pickled eggplant, carrot dip

SOUPS & SALADS

SOUP 9

Served with slice of buttered bread

KALE CAESAR SALAD 12

Croutons, parm, bacon

ARUGULA & FENNEL SALAD 12

Arugula, shaved fennel, sunflower seeds, parm, lemon, buttermilk dressing

QUINOA, CHICKPEA & BLACK BEAN SALAD 13

Arugula, feta, lemon, roast jalapeño pesto, scallions

SQUASH & APPLE SALAD 13

Kale, apple chutney, roasted squash, smoked cheddar, crispy quinoa

HEIRLOOM BEET SALAD 13

Watercress, roasted carrot, pumpkin seeds, pickled red onion, feta

SOUP & SALAD COMBO 16

ADD

Salmon 10 Chicken 9

Short Rib 10 Brussels Sprouts 9

MAINS

SHORT RIB OF BEEF ON A BUN 18

Arugula, garlic aioli, crispy onions, Kozlik's mustard with choice of side

EGGPLANT PARMESAN 17

Arugula, garlic aioli, confit plum tomatoes, basil, mozzarella with choice of side

TURKEY & BRIE 18

Roast turkey, bacon, peach chutney, watercress, garlic aioli with choice of side

GRILLED CHEESE 17

House smoked bacon, aged cheddar, apple, Kozlik's mustard with choice of side

CHEESEBURGER 18

7oz beef & pork patty, aged cheddar, JC's Burger Sauce, lettuce, red onions with choice of side

UMAMI BURGER 19

7oz beef & pork patty, mushrooms, pickled onions, parm crisp, truffle mayo, umami sauce with choice of side

QUINOA VEGGIE BURGER 18

Pickled red onion, yogurt, cucumber, tahini, parsley with choice of side

MAC & CHEESE GRATIN 18

Bacon, caramelized onion, aged cheddar with choice of side

AUTUMN BUDDHA BOWL 25

Red & white quinoa, baby kale, harissa-maple roasted root veg, carrot purée, pickled eggplant, za'atar
Choice of chicken, salmon, short rib, or Brussels sprouts

Choices of sides: skinny fries, any salad, or soup. Upgrade to loaded fries for \$2

DESSERT

PUMPKIN BREAD PUDDING 10

Chai crème anglaise, feuilletine, vanilla ice cream

REALLY, REALLY FUDGY BROWNIE 10

Salted caramel sauce, toffee bits, vanilla ice cream

DARK CHOCOLATE HAZELNUT CHEESECAKE 10

Chocolate cookie crust, dark chocolate ganache, candied hazelnuts

CRUMBLE TOP PIE 10

Served with vanilla ice cream

Call to place an order:

Guelph - 519.767.2999 Hamilton - 905.522.2999

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DIPS \$2.50

TRUFFLE BUTTERMILK RANCH JC'S HOT SAUCE
BBQ SAUCE CREAMY GARLIC

STONE BAKED PIZZA

11"

18"

MARGHERITA

Red sauce, mozza, basil, garlic, evoo

16

30

APPLE & BACON

White sauce, mozza, smoked cheddar, caramelized onions, fried sage

17

32

MEAT MOUNTAIN

Red sauce, mozza, bacon, fennel sausage, pepperoni, roasted red peppers, hot pickled peppers

17

32

BEE STING

Red sauce, mozza, spicy salami, basil, honey, lemon ricotta

17

32

THE VAMPIRE SLAYER

White sauce, mozza, brie, lemon, garlic confit, arugula

17

32

LIL' STINKER

White sauce, mozza, blue cheese, double garlic, kale, pepperoni, red onion, chili flakes

17

32

PRINCESS PICKLE

White sauce, mozza, chicken, house pickles, dill, breadcrumbs, chili flakes, ranch

17

32

THE ROB

White sauce, mozza, roasted mushrooms, scallions, garlic confit, goat cheese, caramelized onions

17

32

WISE GUY

Red sauce, mozza, fennel sausage, roasted red peppers, red onions, chili flakes, garlic, basil

17

32

MONTREAL PEPPERONI

Red sauce, mozza, pepperoni, everything bagel spice crust, basil

17

32

I DON'T CARROT ALL

Carrot purée, roast carrot, mozza, za'atar, goat cheese, jalapeño pesto, red onion, kale

17

32

BUTTER CHICKEN

Tandoori sauce, mozza, chicken, chilies, cilantro, coconut yogurt, red onion, lime

17

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