

EARTH TO TABLE

## BREAD BAR

good ingredients matter.

# TAKEOUT MENU

WE CATER  
WE HAVE A FARM  
WE HAVE 2 COOKBOOKS

## SHARED PLATES

### SKINNY FRIES 9

Kosher salt, thyme

### MUSSELS 16

White wine, cream, tomato, bacon

### LOADED FRIES 12

Daily creation

### CALAMARI 15

Chorizo, basil, jalapeño salsa verde, lime aioli

### CREAMY HUMMUS 13

Pickled red onion, lemon, pickled cauliflower, za'atar pita

## SOUPS & SALADS

### SOUP 9

Daily selection

### QUINOA, CHICKPEA & BLACK BEAN SALAD 13

Arugula, feta, lemon, roast jalapeño pesto, scallions

### SPRING SALAD 13

Bibb lettuce, radish, asparagus, edamame, chive, pickled red onion, green goddess dressing

### KALE CAESAR SALAD 12

Croutons, parm, bacon

### ARUGULA & FENNEL SALAD 12

Arugula, shaved fennel, sunflower seeds, parm, lemon, buttermilk dressing

### SOUP AND SALAD COMBO 16

#### ADD

Salmon 10 Chicken 9

Flank Steak 10 Roasted Mushrooms 9

## MAINS

### CHEESEBURGER 18

7oz beef & pork patty, aged cheddar, burger sauce, lettuce, red onions, with choice of side

### UMAMI BURGER 19

7oz beef & pork patty, mushrooms, pickled onions, parm crisp, truffle mayo, umami sauce, with choice of side

### QUINOA VEGGIE BURGER 18

Pickled red onion, cucumber and tomato relish, tahini, garlic aioli, with choice of side

### MAC & CHEESE GRATIN 18

Bacon, caramelized onion, aged cheddar, with choice of side

### ROAST 1/2 CHICKEN 27

Chili and fennel seed rub, roast mushrooms, asparagus and grilled shallot, with choice of side

### SPRING BUDDHA BOWL 25

Cilantro rice, spinach, avocado, cucumber, pickled veggies, fresh herbs, egg, romesco, with choice of chicken, salmon, flank steak, or roast mushrooms

### PAPPARDELLE 25

Clams, double-smoked bacon, peas, garlic, shallots, white wine, chili flakes, parm

*Choices of sides: skinny fries, any salad, or soup. Upgrade to loaded fries for \$2*

## DESSERT

### CARROT CAKE BREAD PUDDING 6

Orange cream cheese glaze, toasted walnuts

### REALLY, REALLY FUDGY BROWNIE 7

Salted caramel, toffee

### CRUMBLE TOP PIE 5

Seasonal selection

### STRAWBERRY SWIRL CHEESECAKE 10

Graham crust, white chocolate ganache, white chocolate shavings

### LEMON OLIVE OIL CAKE 10

Oat crumble, rhubarb compote, sweetened crème fraîche

Call to place an order:

Guelph - 519.767.2999

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TAKEOUT MENU

## DIPS \$2.50

TRUFFLE BUTTERMILK RANCH  
GREEN GODDESS CREAMY GARLIC SPICY AIOLI

## STONE BAKED PIZZA

11"

18"

### MARGHERITA

Red sauce, mozza, basil, garlic, evoo

16

30

### APPLE & BACON

White sauce, mozza, smoked cheddar, caramelized onions, fried sage

17

32

### MEAT MOUNTAIN

Red sauce, mozza, bacon, fennel sausage, pepperoni, roasted red peppers, hot pickled peppers

17

32

### BEE STING

Red sauce, mozza, spicy salami, basil, honey, lemon ricotta

17

32

### THE ROB

White sauce, mozza, roasted mushrooms, garlic confit, goat cheese, caramelized onions

17

32

### WISE GUY

Red sauce, mozza, fennel sausage, roasted red peppers, red onions, basil, chilies, garlic

17

32

### MONTREAL PEPPERONI

Red sauce, mozza, pepperoni, everything bagel spice crust, basil, olive oil

17

32

### HOT HONEY & BLUE

Red sauce, mozza, spicy salami, red onion, blue cheese, honey, parsley

17

32

### CHEESE LOUISE

White sauce, mozza, brie, goat's cheese, truffle honey, chilies

17

32

### HALIFAX DONAIR

Garlic sauce, mozza, spiced beef, tomato, donair sauce, pickled turnip, white onion, parsley, za'atar

17

32

### SPRING CHICKEN

Pesto, mozza, chicken, goat's cheese, spinach, peas, garlic confit, lemon zest

17

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### MVPIZZA

Seasonal inspiration. \$1 from each purchase goes to out monthly MVP employee

17

32

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