

EARTH TO TABLE

BREAD BAR

good ingredients matter.

LUNCH

- vegan
- gluten free
- dairy free
- contains pork

WE CATER

WE HAVE A FARM

WE HAVE 3 COOKBOOKS

SHARED PLATES


- CREAMY HUMMUS 14



Sundried tomato, charred onion vinaigrette, za'atar pita

Substitute your pita for fresh veggies 3


- CALAMARI 16



Chorizo, chilis, lime, jalapeño chimichurri, lime aioli, crispy basil, smoked paprika
- LOADED FRIES 13

Daily creation

- SKINNY FRIES 10



Kosher salt, thyme
- BREAD PLATE 15

House-baked bread, roast carrot & honey spread, hummus, baba ganoush, celeriac slaw
- MUSSELS 17



White wine, tomato, bacon, garlic, charred onion, garlic toast

SOUPS & SALADS


- QUINOA, CHICKPEA & BLACK BEAN SALAD 15



Arugula, feta, lemon, roast jalapeño pesto, scallions, crispy quinoa
- ARUGULA & FENNEL SALAD 14




Arugula, shaved fennel, sunflower seeds, parm, lemon, buttermilk dressing
- ROAST BEET AND CARROT 15



Watercress, roasted beet, carrot, orange, winter radish, goat's cheese, spiced pepitas, buttermilk dressing

- KALE CAESAR SALAD 15





Croutons, parm, bacon
- DAILY SOUP 10



Served with a slice of fresh, buttered bread
- SOUP & SALAD 17

Daily soup, choice of salad
- ADD



Fried Tempeh 9




Chicken 10



Short Rib 11



Salmon 11



MAINS

- SHORT RIB ON A BUN 18



Braised short rib, crispy onion, pickled carrot, cilantro, smoked chili aioli, with choice of side
- TURKEY & BRIE SANDWICH 19



Roast turkey, bacon, brie, watercress, peach chutney, garlic aioli, with choice of side
- PORCHETTA SANDWICH 18



Slow-roasted pork, kale, parm crisp, truffle aioli, house hot sauce, with choice of side
- ROAST MUSHROOM SANDWICH 18

Roast mushrooms & red pepper, fontina, watercress, garlic aioli, with choice of side
- MAC 'N' CHEESE 19



Bacon, caramelized onion, aged cheddar, with choice of side
- QUINOA VEGGIE BURGER 19

Aged cheddar, arugula, apricot chutney, basil aioli, with choice of side

- CHEESEBURGER 20



7oz beef & pork patty, aged cheddar, red onion, iceberg lettuce, house burger sauce, with choice of side
- UMAMI BURGER 21



7oz beef & pork patty, mushroom, pickled red onion, truffle aioli, parm crisp, umami sauce, with choice of side
- BUDDHA BOWL 26



Watercress, edamame, winter radish, bang-bang cauliflower & broccoli, sweet potato, pickled red onion, hemp seed, with choice of chicken, salmon, short rib, or fried tempeh
- MEDITERRANEAN BOWL 27



Du Puy lentil, harissa-roasted root veg, maple & tahini chickpea, charred onion, grilled haloumi, toasted almonds, with choice of chicken, salmon, short rib, or fried tempeh

Choices of sides: skinny fries, any salad, or soup. Upgrade to loaded fries for \$3

For parties of 8 or more, a 17% automatic gratuity will apply

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LUNCH MENU

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WE CATER  
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DIPS \$2.50

- CREAMY GARLIC AÏOLI  

BUTTERMILK RANCH 

ROAST CARROT & HONEY 
- SMOKED CHILI AÏOLI  

TRUFFLE AÏOLI  

MARINARA  

STONE BAKED PIZZA

11"18"

<b>MVPIZZA</b> Seasonal inspiration. \$1 from each purchase goes to our monthly MVP employees	18	35
<b>MARGHERITA</b> Red sauce, mozza, basil, garlic, EVOO	17	33
<b>APPLE &amp; BACON</b>  White sauce, mozza, apple, bacon, caramelized onions, smoked cheddar, thyme, crispy sage	18	35
<b>MEAT MOUNTAIN</b>  Red sauce, mozza, pepperoni, bacon, fennel sausage, roasted red peppers, pickled hot peppers, basil	18	35
<b>BEE STING</b>  Red sauce, mozza, spicy salami, basil, honey, lemon ricotta, chili oil	18	35
<b>CHEESE LOUISE</b> White sauce, mozza, brie, goat’s cheese, truffle honey, chili, parsley	18	34
<b>SAMMY C</b>  Red sauce, mozza, chicken, bacon, goat’s cheese, jalapeño	18	35
<b>JERK CHICKEN</b> White sauce, mozza, jerk chicken, red onion, chilies, grilled pineapple, garlic aïoli, cilantro chimichurri	18	35
<b>LEVANTINE</b>  Baba ganoush, cherry tomato, roast garlic, red onion, kale, basil pesto, maldon salt	18	34
<b>EL DIABLO</b> White sauce, mozza, caramelized onion, chilies, marinara, basil, garlic, chili oil	18	34

Spice up your crust!  
Add house-made everything bagel spice to any pizza for \$2

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