

EARTH TO TABLE

BREAD BAR





good ingredients matter.







RENNIS

-  vegan
-  gluten free
-  dairy free
-  contains pork

WE CATER
WE HAVE A FARM
WE HAVE 3 COOKBOOKS









SHARED PLATES

- BUTCHER’S BOARD 26** 
Charcuterie, fine cheese, house pickles,
mustard, house toast
- CALAMARI 18**  
Cocktail sauce, lemon, chorizo, chilies,
garlic aioli
- MUSHROOM FLAT BREAD 22**
Roasted mushroom, thyme, taleggio, arugula,
caramelized onion, truffle honey
- BRUSSELS SPROUTS 17** 
Crispy fried brussels sprouts, fresh chili,
scallion, apple, umami sauce, sesame seed

- CREAMY HUMMUS 16** 
Crispy chickpea, lemon zest, parsley, za’atar
spice, house toast
Add fresh veggies 4  
Add za’atar pita 4 
- BREAD PLATE 17**
Roasted beet butter, pepita, pome fruit &
caramelized onion chutney, hummus, cheesy
toast with za’atar
- LOADED FRIES 15**
Daily creation
- SKINNY FRIES 11**  
Kosher salt, thyme




SOUPS & SALADS





- HEIRLOOM BEET SALAD 17** 
Arugula, roasted beet, mandarin, pepita,
goat cheese, tahini yogurt
- QUINOA, CHICKPEA & BLACK BEAN SALAD 16** 
Arugula, feta, lemon, roast jalapeño pesto,
scallions, crispy quinoa
- DAILY SOUP 11**
Served with a slice of fresh, buttered bread
- SOUP & SALAD 18**
Daily soup, choice of salad

- ARUGULA & FENNEL SALAD 16** 
Arugula, shaved fennel, sunflower seed, parm,
lemon, buttermilk dressing
- KALE CAESAR SALAD 16** 
Baby kale, house croutons, parm, bacon
- ADD**
Falafel with Tahini Yogurt 9 
Korean-Style Tempeh 9  
Chicken 11 
Salmon 12 
Braised Short Rib 13 

MAINS

Choices of side where included: skinny fries or soup of the day
Upgrade to loaded fries or any salad for \$3

- CAMPANELLE 24**
Fresh egg pasta, butternut squash, garlic,
caramelized cipollini onion, brown butter, bread
crumb, shaved parmesan, sage pesto, chili flakes
Add roast mushroom or braised short rib 5
- GRAIN BOWL 29**  
Quinoa, kale, roasted broccoli & cauliflower with
dried fruit gastrique, soft boiled egg, roasted
sweet potato, miso, crispy chickpea, puffed wild
rice, maple tahini dressing, with choice of protein
- MAC ‘N’ CHEESE 20** 
Bacon, caramelized onion, aged cheddar,
with choice of side

- CHEESEBURGER 21**
Beef patty, aged cheddar, red onion, pickle, iceberg
lettuce, house burger sauce, with choice of side
Add bacon 4   
Add extra patty 9 
- UMAMI BURGER 22**
Beef patty, mushroom, pickled red onion, truffle
aioli, parm crisp, umami sauce, with choice of side
- FALAFEL BURGER 19**
House falafel patty, cucumber & red onion raita,
tomato, iceberg lettuce, with choice of side

For parties of 8 or more, a pre-tax gratuity of 18% will be applied

DIPS \$2.50

- KOREAN DIP


- BUTTERMILK RANCH


- TRUFFLE AÏOLI


- SPICY MARINARA


- MAPLE TAHINI


- HOT HONEY


- CREAMY GARLIC AÏOLI



STONE BAKED PIZZA

SML LRG

| | | |
|---|------------------------|----|
| MVPIZZA Seasonal inspiration. \$1 from each purchase goes to our monthly MVP employees | Please ask your server | |
| THE HULK  Red sauce, mozza, kale, pepperoni, bacon, green olive, garlic, parm, hot sauce | 21 | 39 |
| SWEET CHERRY PIE! White sauce, mozza, cherry chutney, prosciutto, hazelnut, arugula, basil, mint | 19 | 37 |
| PRINCESS PICKLE White sauce, mozza, chicken, sweet pickle, dill, garlic, breadcrumb, chili flake, ranch | 19 | 37 |
| MEAN BEAN  White bean, roasted sweet potato, red onion, baby kale, maple tahini vinaigrette, fried sage, chili flake | 18 | 35 |
| MISO SWEET  Sweet potato & miso base, mushroom, scallion, roasted almond, pickled ginger, sage pesto | 18 | 35 |
| MARGHERITA Red sauce, mozza, basil, garlic, EVOO | 18 | 35 |
| CLASSIC PEPPERONI  Red sauce, mozza, pepperoni, dried basil | 18 | 35 |
| APPLE & BACON  White sauce, mozza, apple, bacon, caramelized onion, smoked cheddar, thyme, crispy sage | 19 | 37 |
| MEAT MOUNTAIN  Red sauce, mozza, pepperoni, bacon, fennel sausage, roasted red pepper, pickled hot pepper, basil | 21 | 39 |
| BEE STING  Red sauce, mozza, spicy salami, basil, honey, lemon ricotta, chili oil | 19 | 37 |

Spice up your crust!

Add house-made everything bagel spice to any pizza for \$2

If you don't see one of your past favourites on the menu, ask us if we can still make it for you!

Outside desserts are subject to a \$2 per person fee

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