

EARTH TO TABLE

BREAD BAR

good ingredients matter.

RENNIS

-  vegan
-  gluten free
-  dairy free
-  contains pork

WE CATER
WE HAVE A FARM
WE HAVE 3 COOKBOOKS

SHARED PLATES

BUTCHER’S BOARD 26 

Charcuterie, fine cheese, house pickles, mustard, house toast

MUSSELS 19

Butter, garlic, shallot, white wine, cream, herbs, house toast, garlic aioli


CALAMARI 18  

Cocktail sauce, lemon, chorizo, chilies, garlic aioli

CREAMY HUMMUS 16 

Crispy chickpea, lemon zest, parsley, za’atar spice, house toast

Add fresh veggies 4  

Add za’atar pita 4 

MUSHROOM FLAT BREAD 22

Roasted mushroom, thyme, taleggio, arugula, caramelized onion, truffle honey

BRUSSELS SPROUTS 17 

Crispy fried brussels sprouts, fresh chili, scallion, apple, umami sauce, sesame seed

BREAD PLATE 17

Roasted beet butter, pepitas, pome fruit & caramelized onion chutney, hummus, cheesy toast with za’atar

LOADED FRIES 15  

Daily creation

SKINNY FRIES 11

Kosher salt, thyme

SOUPS & SALADS

HEIRLOOM BEET SALAD 17 

Arugula, roasted beet, mandarin, pepita, goat cheese, tahini yogurt

QUINOA, CHICKPEA & BLACK BEAN SALAD 16 

Arugula, feta, lemon, roast jalapeño pesto, scallions, crispy quinoa

DAILY SOUP 11

Served with a slice of fresh, buttered bread

SOUP & SALAD 18

Daily soup, choice of salad

ARUGULA & FENNEL SALAD 16 

Arugula, shaved fennel, sunflower seed, parm, lemon, buttermilk dressing


KALE CAESAR SALAD 16 


Baby kale, house croutons, parm, bacon

ADD

Falafel with Tahini Yogurt 9 

Korean-Style Tempeh 9  

Chicken 11 

Salmon 12 

Braised Short Rib 13 

MAINS

Choices of side where included: skinny fries or soup of the day
Upgrade to loaded fries or any salad for \$3

CAMPANELLE 24

Fresh egg pasta, butternut squash, garlic, caramelized cipollini onion, brown butter, bread crumb, shaved parmesan, sage pesto, chili flakes
Add roast mushroom or braised short rib 5

LINGUINE 26

Shallot, garlic, white wine, cream, roasted cauliflower, arugula, parmesan, walnut gremolata
Add roast mushroom or braised short rib 5

MISO MUSHROOM RISOTTO 27 

Butter, garlic, shallot, roasted mushrooms, parmesan crisp, sesame seed, scallion, chili oil

GRAIN BOWL 29  

Quinoa, kale, roasted broccoli & cauliflower with dried fruit gastrique, soft boiled egg, roasted sweet potato, miso, crispy chickpea, puffed wild rice, maple tahini dressing, with choice of protein





BRAISED SHORT RIB 33

Crispy fingerling potatoes with thyme, roasted cipollini onion, broccoli, carrot, beet, jus

MAC ‘N’ CHEESE 20 

Bacon, caramelized onion, aged cheddar, with choice of side

CHEESEBURGER 21

Beef patty, aged cheddar, red onion, pickle, iceberg lettuce, house burger sauce, with choice of side
Add bacon 4   
Add extra patty 9 

UMAMI BURGER 22

Beef patty, mushroom, pickled red onion, truffle aioli, parm crisp, umami sauce, with choice of side

FALAFEL BURGER 19

House falafel patty, cucumber & red onion raita, tomato, iceberg lettuce, with choice of side

For parties of 8 or more, a pre-tax gratuity of 18% will be applied

DIPS \$2.50

- KOREAN DIP

BUTTERMILK RANCH

TRUFFLE AÏOLI

SPICY MARINARA

MAPLE TAHINI

HOT HONEY

CREAMY GARLIC AÏOLI
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STONE BAKED PIZZA

SML LRG

MVPIZZA		
Seasonal inspiration. \$1 from each purchase goes to our monthly MVP employees		Please ask your server
THE HULK	21	39
Red sauce, mozza, kale, pepperoni, bacon, green olive, garlic, parm, hot sauce		
SWEET CHERRY PIE!	19	37
White sauce, mozza, cherry chutney, prosciutto, hazelnut, arugula, basil, mint		
PRINCESS PICKLE	19	37
White sauce, mozza, chicken, sweet pickle, dill, garlic, breadcrumb, chili flake, ranch		
MEAN BEAN	18	35
White bean, roasted sweet potato, red onion, baby kale, maple tahini vinaigrette, fried sage, chili flake		
MISO SWEET	19	37
Sweet potato & miso base, mushroom, scallion, roasted almond, pickled ginger, sage pesto		
MARGHERITA	18	35
Red sauce, mozza, basil, garlic, EVOO		
CLASSIC PEPPERONI	18	35
Red sauce, mozza, pepperoni, dried basil		
APPLE & BACON	19	37
White sauce, mozza, apple, bacon, caramelized onions, smoked cheddar, thyme, crispy sage		
MEAT MOUNTAIN	21	39
Red sauce, mozza, pepperoni, bacon, fennel sausage, roasted red peppers, pickled hot peppers, basil		
BEE STING	19	37
Red sauce, mozza, spicy salami, basil, honey, lemon ricotta, chili oil		

Spice up your crust!

Add house-made everything bagel spice to any pizza for \$2

If you don't see one of your past favourites on the menu, ask us if we can still make it for you!

Outside desserts are subject to a \$2 per person fee

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