

EARTH TO TABLE

BREAD BAR

good ingredients matter.

RENNIS

-  vegan
-  gluten free
-  dairy free
-  contains pork

WE CATER
WE HAVE A FARM
WE HAVE 3 COOKBOOKS

SHARED PLATES


- BUTCHER’S BOARD 26** 

Charcuterie, fine cheese, house pickles, mustard, house toast
- CALAMARI 18**  



Cocktail sauce, lemon, chorizo, chilies, garlic aioli
- MUSHROOM FLAT BREAD 22**


Roasted mushroom, thyme, taleggio, arugula, caramelized onion, truffle honey
- BRUSSELS SPROUTS 17** 

Crispy fried brussels sprouts, fresh chili, scallion, apple, umami sauce, sesame seed



- CREAMY HUMMUS 16** 

Crispy chickpea, lemon zest, parsley, za’atar spice, house toast

Add fresh veggies 4  

Add za’atar pita 4 
- BREAD PLATE 17**

Roasted beet butter, pepita, pome fruit & caramelized onion chutney, hummus, cheesy toast with za’atar
- LOADED FRIES 15**

Daily creation
- SKINNY FRIES 11**  

Kosher salt, thyme


SOUPS & SALADS

- HEIRLOOM BEET SALAD 17** 

Arugula, roasted beet, mandarin, pepita, goat cheese, tahini yogurt
- QUINOA, CHICKPEA & BLACK BEAN SALAD 16** 


Arugula, feta, lemon, roast jalapeño pesto, scallions, crispy quinoa
- ARUGULA & FENNEL SALAD 16** 



Arugula, shaved fennel, sunflower seed, parm, lemon, buttermilk dressing


- KALE CAESAR SALAD 16** 


Baby kale, house croutons, parm, bacon
- DAILY SOUP 11**


Served with a slice of fresh, buttered bread
- ADD**

Falafel with Tahini Yogurt 9 

Korean-Style Tempeh 9  

Chicken 11 

Salmon 12 



Braised Short Rib 13 


MAINS

Choices of side where included: skinny fries or soup of the day
Upgrade to loaded fries or any salad for \$3

- CAMPANELLE 24**

Fresh egg pasta, butternut squash, garlic, caramelized cipollini onion, brown butter, bread crumb, shaved parmesan, sage pesto, chili flakes




Add roast mushroom or braised short rib 5
- GRAIN BOWL 29**  


Quinoa, kale, roasted broccoli & cauliflower with dried fruit gastrique, soft boiled egg, roasted sweet potato, miso, crispy chickpea, puffed wild rice, maple tahini dressing, with choice of protein
- MAC ‘N’ CHEESE 20** 

Bacon, caramelized onion, aged cheddar, with choice of side

- CHEESEBURGER 21**

Beef patty, aged cheddar, red onion, pickle, iceberg lettuce, house burger sauce, with choice of side

Add bacon 4   

Add extra patty 9 
- UMAMI BURGER 22**

Beef patty, mushroom, pickled red onion, truffle aioli, parm crisp, umami sauce, with choice of side
- FALAFEL BURGER 19**

House falafel patty, cucumber & red onion raita, tomato, iceberg lettuce, with choice of side

For parties of 8 or more, a pre-tax gratuity of 18% will be applied

DIPS \$2.50

- KOREAN DIP


- BUTTERMILK RANCH


- TRUFFLE AÏOLI


- SPICY MARINARA


- MAPLE TAHINI










- HOT HONEY


- CREAMY GARLIC AÏOLI



STONE BAKED PIZZA

SML LRG

MVPIZZA Seasonal inspiration. \$1 from each purchase goes to our monthly MVP employees	Please ask your server	
THE HULK  Red sauce, mozza, kale, pepperoni, bacon, green olive, garlic, parm, hot sauce	21	39
SWEET CHERRY PIE!  White sauce, mozza, cherry chutney, prosciutto, hazelnut, arugula, basil, mint	19	37
PRINCESS PICKLE White sauce, mozza, chicken, sweet pickle, dill, garlic, breadcrumb, chili flake, ranch	19	37
MEAN BEAN  White bean, roasted sweet potato, red onion, baby kale, maple tahini vinaigrette, fried sage, chili flake	18	35
MISO SWEET  Sweet potato & miso base, mushroom, scallion, roasted almond, pickled ginger, sage pesto	18	35
MARGHERITA Red sauce, mozza, basil, garlic, EVOO	18	35
CLASSIC PEPPERONI  Red sauce, mozza, pepperoni, dried basil	18	35
APPLE & BACON  White sauce, mozza, apple, bacon, caramelized onion, smoked cheddar, thyme, crispy sage	19	37
MEAT MOUNTAIN  Red sauce, mozza, pepperoni, bacon, fennel sausage, roasted red pepper, pickled hot pepper, basil	21	39
BEE STING  Red sauce, mozza, spicy salami, basil, honey, lemon ricotta, chili oil	19	37

Spice up your crust!

Add house-made everything bagel spice to any pizza for \$2

If you don't see one of your past favourites on the menu, ask us if we can still make it for you!

Outside desserts are subject to a \$2 per person fee

For parties of 8 or more, a pre-tax gratuity of 18% will be applied